

## BOB SAGOR

BIB	AGE	STATE/COUNTRY	PROFESSION
1914	62	GREENFIELD MA USA	VETERINARIAN

SWIM	BIKE	RUN	OVERALL	RANK	DIV.POS.
1:26:38	6:19:37	4:16:19	12:19:54	882 of 2340	4 of 32

LEG	DISTANCE	PACE	RANK	DIV.POS.
<b>TOTAL SWIM</b>	<b>2.4 mi. (1:26:38)</b>	<b>2:16/100m</b>	<b>1938</b>	<b>24</b>
FIRST BIKE SEGMENT	56 mi. (2:56:49)	19.00 mph		
FINAL BIKE SEGMENT	56 mi. (3:22:48)	16.57 mph		
<b>TOTAL BIKE</b>	<b>112 mi. (6:19:37)</b>	<b>17.70 mph</b>	<b>1152</b>	<b>6</b>
FIRST RUN SEGMENT	13.1 mi. (1:58:24)	9:02/mile		
FINAL RUN SEGMENT	13.1 mi. (2:17:55)	10:31/mile		
<b>TOTAL RUN</b>	<b>26.2 mi. (4:16:19)</b>	<b>9:46/mile</b>	<b>882</b>	<b>4</b>

TRANSITION	TIME
<b>T1: SWIM-TO-BIKE</b>	<b>11:07</b>
<b>T2: BIKE-TO-RUN</b>	<b>6:13</b>

## BRIAN WADMAN

BIB	AGE	STATE/COUNTRY	PROFESSION
1652	49	GREENFIELD MA USA	

SWIM	BIKE	RUN	OVERALL	RANK	DIV.POS.
1:19:21	6:35:41	4:42:18	12:51:21	1103 of 2340	113 of 268

LEG	DISTANCE	PACE	RANK	DIV.POS.
<b>TOTAL SWIM</b>	<b>2.4 mi. (1:19:21)</b>	<b>2:05/100m</b>	<b>1539</b>	<b>162</b>
FIRST BIKE SEGMENT	56 mi. (3:03:27)	18.32 mph		
FINAL BIKE SEGMENT	56 mi. (3:32:14)	15.83 mph		
<b>TOTAL BIKE</b>	<b>112 mi. (6:35:41)</b>	<b>16.98 mph</b>	<b>1245</b>	<b>136</b>

FIRST RUN SEGMENT	13.1 mi. (2:03:16)	9:24/mile		
FINAL RUN SEGMENT	13.1 mi. (2:39:02)	12:08/mile		
<b>TOTAL RUN</b>	<b>26.2 mi. (4:42:18)</b>	<b>10:46/mile</b>	<b>1103</b>	<b>113</b>

TRANSITION		TIME
<b>T1: SWIM-TO-BIKE</b>		<b>9:07</b>
<b>T2: BIKE-TO-RUN</b>		<b>4:54</b>