



Rays of Hope comes to TBS

We are very happy to announce that TBS will be participating in the Rays of Hope Breast Cancer Wellness Program starting the end of May, 2008

We have been asked to provide support through our facility and through our instructors in an effort to bring this highly successful Springfield based program to the Franklin County Area, thru Baystate Health Services.

Christine Carpenter, the person that developed this program, is also the Program Coordinator. If you have any questions as to whether this free program is right for you, please feel free to contact Christine @

Christine.carpenter@bhs.org

413-794-2316



For info, please contact:
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413-794-2316
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The Rays of Hope and the Baystate Regional Cancer Program's Comprehensive Breast Center invite you to participate in an exciting program. We have designed a Wellness Program that will allow you to contribute to your health and well-being. Our goal is to gently guide you and give you the tools to live and maintain a healthy lifestyle; some of the topics include health nutrition, stress management and physical fitness. The program consists of meeting one night a week for six consecutive weeks as well as a mini-health fair that is full of information and great presenters. This free program is funded by Rays of Hope. It is important that all of your chemotherapy has been completed by the start of the program.



Mission Statement

The mission of the Rays of Hope is to raise funds to improve the breast health of the people in our communities with quality and compassion in partnership with Baystate Health's Comprehensive Breast Center by focusing on:

- Offering community education and outreach;*
- Providing coordinated, accessible, and medically advanced care at the initial stage of diagnosis and continuing through treatment and recovery.*
- Support patients through the continuum of care that acknowledges the needs of the whole person; and*
- Funding breast cancer research.*